

Time Trial Results for: 07/02/2019

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3 R		1	Roux Carlien	13.04	SB	12.41	13.04
3 R		2	Erasmus Louise	13.06		11.14	13.06
3 R		3	Malan Theo	14.17		12.51	13.46
3 R		4	Blom Josua	14.45		13.35	13.35
3 R		5	Wallice Peter	15.00		14.54	14.54
3 R		6	du Plessis Murray	15.03		15.03	15.03
3 R		7	van Weele Roelof	15.18		14.03	15.12
3 R		8	van der Westhuizen Donovan	15.33		14.20	14.20
3 R		9	Scheepers Hanno	15.45		15.39	15.45
3 R		10	van der Westhuizen Anel	15.56		15.43	15.43
3 R		11	Milne Mikki	16.44		14.52	16.44
3 R		12	Vorster Carla	18.08		17.32	17.32
3 R		13	Mchendrie Marianne	18.41		18.41	18.41
3 R		14	Wallice Carol	19.37		18.44	18.44
3 R		15	du Preez Josef	21.49		18.00	20.23
3 R		16	Visser Schalk	23.12		20.13	23.07
3 R		17	van Zyl Theresa	23.30		23.30	23.30
3 W		1	Bootha Ronél	25.36		23.32	25.06
3 W		2	Bootha Ben	25.36		23.32	25.06
3 W		3	Ehrenberg Arlene	26.00	SB	20.25	26.00
3 W		4	Gouws Emmie	26.00		25.00	26.00
3 W		5	Waters Hugh	27.08	SB	23.32	27.08
3 W		6	Oosthuizen Eloize	27.49		26.09	27.04
3 W		7	Oosthuizen Lizette	27.49		25.32	27.04
3 W		8	Loedolff Willie	30.20		20.48	28.35
5 R		1	Cooper Wilhelm	23.34		21.48	21.51
5 R		2	Stabler Tom	23.40		22.17	22.23
5 R		3	Sleigh James	24.14		23.32	23.48
5 R		4	Jordaan David	25.46		25.46	25.46
5 R		5	van der Merwe Nicola	26.03		25.03	25.38
5 R		6	Oosthuizen Gerrit	28.20		24.48	26.36
5 R		7	Nel Daniël	28.20		21.43	27.27
5 R		8	Joseph Zama	29.05		29.05	29.05
5 R		9	Sleigh Sharon	29.16		27.06	27.57
5 R		10	Stander Matie	29.34	SB	27.40	29.34
5 R		11	Fenn Theresa	31.40		28.24	30.47
5 R		12	Boshoff Pierre	32.36		32.36	32.36
5 R		13	Boshoff Janine	33.24		33.24	33.24
5 R		14	Hanna Les	35.36		22.31	28.04
5 R		15	Bredenkamp Elaine	41.41		41.41	41.41
5 R		16	Cilliers Heleen	41.41		41.41	41.41
5 W		1	Cooper Tania	36.23		36.11	36.11
5 W		2	van den Berg Gideon	36.23	PB	36.23	36.23
8 R		1	Bonjesi Jimmy	32.03		26.30	26.56
8 R		2	Mhlonyane Bulelani	32.12		30.52	32.12
8 R		3	Kumbaca Darren	43.04		33.12	33.12
8 R		4	van der Merwe Gerald	45.18		45.18	45.18