

## Time Trial Results for: 10/01/2019

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3 R		1	Godana Ingallathi	11.54	PB	11.54	11.54
3 R		2	Vlotman Christo	13.15	SB	11.57	13.15
3 R		3	Roux Carlien	13.31		12.41	13.31
3 R		4	Venter Tian	14.16	PB	14.16	14.16
3 R		5	Blom Josua	14.20	SB	13.35	14.20
3 R		6	Engelbrecht Martin	14.20	PB	14.20	14.20
3 R		7	van der Westhuizen Donovan	14.20		14.20	14.20
3 R		8	Cerdyn Retha	14.44		14.44	14.44
3 R		9	Cerdyn Myburgh	14.57		14.57	14.57
3 R		10	Sleigh Sharon	16.03	PB	16.03	16.03
3 R		11	Wallice Peter	16.03		16.03	16.03
3 R		12	Taljaard Debbie	16.46		15.30	16.46
3 R		13	Kotzé Heidi	16.46	SB	15.42	16.46
3 R		14	Stander Matie	17.50		15.56	17.50
3 R		15	Stabler Lukas	17.50		17.50	17.50
3 R		16	Wallice Carol	19.31		19.31	19.31
3 R		17	Coetzee Michael	19.31		19.31	19.31
3 R		18	van Weele Roelof	19.57		14.03	15.41
3 R		19	Taljaard Juandré	20.09		17.53	20.09
3 R		20	du Preez Josef	20.23		18.00	20.23
3 R		21	Fraser Lizaan	20.32		19.58	19.58
3 R		22	Stabler Jessica	20.52		20.52	20.52
3 R		23	Stabler Tom	20.52		20.52	20.52
3 R		24	Kotzé Elsabé	21.02		18.22	21.02
3 R		25	Coetzee Nicolene	22.03	PB	22.03	22.03
3 R		26	Vermeulen Charlene	22.03		20.41	20.44
3 R		27	Visser Schalk	25.26		20.13	23.48
3 W		1	Venter Elsa	24.06		24.06	24.06
3 W		2	Bootha Ronél	25.38		23.32	25.06
3 W		3	Bootha Ben	25.38		23.32	25.06
3 W		4	Oosthuizen Lizette	27.16	SB	25.32	27.16
3 W		5	Loedolff Willie	28.35	SB	20.48	28.35
3 W		6	Waters Hugh	28.39	SB	23.32	28.39
3 W		7	Wheeler Norma	28.39		26.25	28.39
3 W		8	Paulsen Danie	29.33		29.33	29.33
3 W		9	Paulsen Estelle	29.33		29.33	29.33
5 R		1	Bonjesi Jimmy	17.06		16.15	17.06
5 R		2	Gillion Frank	21.40		18.22	21.40
5 R		3	Cooper Wilhelm	21.51		21.48	21.51
5 R		4	Hepburn-Brown David	22.38		19.59	22.38
5 R		5	Kotzé Johann	22.43	SB	21.58	22.43
5 R		6	Mafentile Emeth	23.05	PB	23.05	23.05
5 R		7	Sleigh James	23.48	SB	23.32	23.48
5 R		8	van der Merwe Nicolene	26.06		23.02	26.06
5 R		9	Maree Daniel	26.13		19.59	26.13
5 R		10	van der Merwe André	27.10		19.55	27.10
5 R		11	van der Merwe Carina	27.10		21.48	27.10
5 R		12	Nel Daniël	27.50		21.43	27.27

# Time Trial Results for: 10/01/2019

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
5	R	13	Oosthuizen Gerrit	27.50		24.48	27.27
5	R	14	Eager Glynn	27.58		27.58	27.58
5	R	15	Botha Letitia	28.05	PB	28.05	28.05
5	R	16	Willmore Roly	28.05	SB	27.05	28.05
5	R	17	Milne Mikki	28.17		21.05	26.36
5	R	18	Kotzé Snr Johann	28.59		27.57	28.59
5	R	19	Hanna Les	30.05		22.31	30.05
5	R	20	Dupisani Kobus	30.40		30.40	30.40
5	R	22	Turner Gavin	32.04		23.39	30.56
5	R	21	Fenn Theresa	32.07		28.24	31.00
5	R	23	Austin David	34.41	SB	26.16	34.41
5	R	24	Gouws Emmie	44.14	SB	31.50	44.14
5	W	1	Ehrenberg Arlene	44.14	SB	35.30	44.14
8	R	1	Kumbaca Darren	33.12	PB	33.12	33.12
8	R	2	Barnard Etienne	36.31		34.25	36.31
8	R	3	Bester Rens	38.25		36.41	38.25