

## Time Trial Results for: 17/01/2019

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3 R		1	Blom Josua	13.45	SB	13.35	13.45
3 R		2	van der Westhuizen Donovan	15.15		14.20	14.20
3 R		3	van Weele Roelof	15.38	SB	14.03	15.38
3 R		4	Sleigh Sharon	15.53	PB	15.53	15.53
3 R		5	sleigh James	15.53		14.27	15.53
3 R		6	Eager Glynn	16.11		16.11	16.11
3 R		7	Kotzé Heidi	16.15	SB	15.42	16.15
3 R		8	Stander Matie	16.34	SB	15.56	16.34
3 R		9	van der Westhuizen Anel	16.43		16.43	16.43
3 R		10	Vorster Carla	17.33		17.33	17.33
3 R		11	Kruger San Marié	21.00		21.00	21.00
3 R		12	Janse van Vuuren Cornel	21.00		21.00	21.00
3 R		13	van Vuuren Daniel	21.50		19.19	21.50
3 R		14	Visser Schalk	25.18		20.13	23.48
3 R		15	Gouws Emmie	27.10		20.25	27.10
3 W		1	Grant Jean	24.22	PB	24.22	24.22
3 W		2	Bootha Ronél	26.00		23.32	25.06
3 W		3	Bootha Ben	26.00		23.32	25.06
3 W		4	Oosthuizen Eloize	27.04	SB	26.09	27.04
3 W		5	Oosthuizen Lizette	27.04	SB	25.32	27.04
3 W		6	Ehrenberg Arlene	27.10		20.25	27.10
3 W		7	Waters Hugh	30.02		23.32	28.39
3 W		8	Wheeler Norma	30.02		26.25	28.39
3 W		9	Giddy Jenny	30.02		30.02	30.02
3 W		10	Venter Eda	34.04		34.04	34.04
3 W		11	Paulsen Estelle	34.04		29.33	29.33
3 W		12	Paulsen Danie	34.32		29.33	29.33
3 W		13	Loedolff Willie	34.32		20.48	28.35
5 R		1	Cooper Wilhelm	21.55		21.48	21.51
5 R		2	Barnard Etienne	21.58		20.59	21.58
5 R		3	Kotzé Johann	22.14	SB	21.58	22.14
5 R		4	Stabler Tom	22.53	SB	22.17	22.53
5 R		5	Godana Ingallathi	24.03		21.13	24.03
5 R		6	Gildenhuys Jan	24.55		21.46	24.55
5 R		7	van Vuuren André	24.55		22.24	24.55
5 R		8	Davel Mareli	24.55		23.54	24.55
5 R		9	van Zeeberg Lavine	25.14		25.14	25.14
5 R		10	van der Merwe Nicolene	25.38	SB	23.02	25.38
5 R		11	van der Merwe André	25.50	SB	19.55	25.50
5 R		12	Knight Scott	26.33		26.33	26.33
5 R		13	Oosthuizen Gerrit	27.52		24.48	27.27
5 R		14	Nel Daniël	27.52		21.43	27.27
5 R		15	Willmore Roly	27.56	SB	27.05	27.56
5 R		16	Botha Letitia	28.02	PB	28.02	28.02
5 R		17	Milne Mikki	28.02		21.05	26.36
5 R		18	Hanna Les	28.37	SB	22.31	28.37
5 R		19	Fenn Theresa	31.05		28.24	31.00
5 R		20	Turner Gavin	32.47		23.39	30.56

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5	R	21	Griffiths Mariaan	33.36		24.54	33.36
5	R	22	Griffiths Gareth	33.36		24.47	33.36
8	R	1	Kumbaca Darren	34.15		33.12	33.12
8	R	2	Gillion Frank	35.37	SB	31.14	35.37
8	R	3	Redelinghuys Jean-Marie	35.46		35.43	35.46
8	R	4	Bester Rens	39.43		36.41	38.25
8	R	5	Stembele Emeth	44.38		44.38	44.38