

Time Trial Results for: 31/01/2019

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	Blom Josua	13.48	13.35	13.35
3	R	2	Kotzé Michael	14.06	13.01	13.54
3	R	3	van der Westhuizen Donovan	14.53	14.20	14.20
3	R	4	Wallice Peter	15.12	14.54	14.54
3	R	5	Eager Glynn	15.20 PB	15.20	15.20
3	R	6	Malan Theo	15.20	12.51	13.46
3	R	7	Hofmeyer Jeanette	15.26	15.26	15.26
3	R	8	van der Westhuizen Anel	15.43 PB	15.43	15.43
3	R	9	Hamman Monica	17.53	17.09	17.53
3	R	10	Wallice Carol	19.01	18.44	18.44
3	R	11	Vorster Carla	19.01	17.32	17.32
3	R	12	Kotzé Heidi	19.25	15.42	16.15
3	R	13	Janse van Rensburg Cornel	19.25	19.25	19.25
3	R	14	Visser Schalk	23.52	20.13	23.07
3	W	1	Bootha Ronél	25.29	23.32	25.06
3	W	2	Bootha Ben	25.29	23.32	25.06
3	W	3	Oosthuizen Lizette	27.25	25.32	27.04
3	W	4	Oosthuizen Eloize	27.25	26.09	27.04
3	W	5	Loedolff Willie	30.06	20.48	28.35
3	W	6	Blom Martie	31.40	30.18	30.18
5	R	1	Mhlonyane Bulelani	20.06	17.02	20.06
5	R	2	Stabler Tom	22.23 SB	22.17	22.23
5	R	3	Cooper Wilhelm	22.41	21.48	21.51
5	R	4	Kotzé Johann	23.20	21.58	22.14
5	R	5	Barnard Etienne	23.28	20.59	21.58
5	R	6	Malenga Dennis	23.28	23.28	23.28
5	R	7	van Zeeberg Lavine	24.19 PB	24.19	24.19
5	R	8	Davel Mareli	25.22	23.54	24.55
5	R	9	van der Merwe Nicola	25.38	25.03	25.38
5	R	10	Knight Scott	26.04 PB	26.04	26.04
5	R	11	Oosthuizen Gerrit	26.36 SB	24.48	26.36
5	R	12	Zeineddine Liela	27.08	26.05	27.08
5	R	13	Hanna Les	28.04 SB	22.31	28.04
5	R	14	Kotzé Snr Johann	28.23	27.30	27.30
5	R	15	Sleigh Sharon	28.26	27.06	27.57
5	R	16	Sleigh James	28.26	23.32	23.48
5	R	17	Willmore Roly	28.26	27.05	27.56
5	R	18	Stander Matie	31.19	27.40	31.04
5	R	19	Turner Gavin	31.50	23.39	30.56
5	R	20	Fenn Theresa	31.57	28.24	30.47
5	R	21	van Dyk Renate	32.42	30.52	31.17
5	R	22	le Roux Marilie	32.42	27.50	32.42
5	R	23	Kotzé Elsabé	36.06	33.53	35.55
5	W	1	Cooper Tania	39.12	36.11	36.11
5	W	2	van den Berg Gideon	39.12	39.12	39.12
5	W	3	Ehrenberg Arlene	44.20	35.30	44.14
5	W	4	Gouws Emmie	44.20	40.00	44.20
8	R	1	Bonjesi Jimmy	26.56 SB	26.30	26.56

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8	R	2	Gillion Frank	36.32	31.14	35.37
8	R	3	Mafentile Emeth	36.36 PB	36.36	36.36
8	R	4	Kumbaca Darren	36.36	33.12	33.12
8	R	5	Cronjé Anel	44.40	44.40	44.40