

Time Trial Results for: 2019/04/11

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Godana Ingallathi	11.44	PB	11.44
3 R		2	van Tonder Kean	11.46		11.46
3 R		3	Brink John	11.46		11.46
3 R		4	Erasmus Louise	12.23	SB	11.14
3 R		5	Roux Chanté	12.39	SB	11.47
3 R		6	Joubert Leani	12.40	PB	12.40
3 R		7	Malan Theo	12.44		12.12
3 R		8	Roux Carlien	13.21		12.41
3 R		9	Kotzé Michael	13.50		13.01
3 R		10	Scheepers Hannes	13.51		13.51
3 R		11	Oosthuizen Gerrit	14.15	PB	14.15
3 R		12	Vierera Mario	15.21		15.21
3 R		13	Gildenhuis Jan	15.31		14.47
3 R		14	Blom Josua	15.33		13.35
3 R		15	Sleigh Sharon	16.08		15.53
3 R		16	Pnematicatos Taryn	16.10	PB	16.10
3 R		17	Griffiths Mariaan	16.12	PB	16.12
3 R		18	Austin Karin	16.19		14.36
3 R		19	Stander Matie	16.28	SB	15.56
3 R		20	Kotzé Heidi	16.28		15.28
3 R		21	van Zyl Anna	17.25	PB	17.25
3 R		22	Gouws Anne-Marie	17.39		17.39
3 R		23	Hamman Monica	17.42	SB	17.09
3 R		24	Opton Sue	18.47		18.47
3 R		25	Kotzé Elsabé	20.36		18.22
3 R		26	du Preez Josef	20.50		18.00
3 R		27	Oosthuizen Eloise	26.41		25.00
3 R		28	Visser Schalk	30.43		20.13
3 W		1	Grant Jean	24.17		24.00
3 W		2	Bootha Ronél	24.35		23.32
3 W		3	Bootha Ben	24.35		23.32
3 W		4	Oosthuizen Lizet	27.51		25.32
3 W		5	Loedolff Willie	30.37		20.48
5 R		1	Brink Donovan	18.24	PB	18.24
5 R		2	Privett Sean	18.59	PB	18.59
5 R		3	Gouws (jnr) Danie	21.02	PB	21.02
5 R		4	Kotzé Johann	21.45	PB	21.45
5 R		5	Austin Evan	22.18		19.26
5 R		6	Stabler Tom	22.57		21.36
5 R		7	Sleigh James	22.57	PB	22.57
5 R		8	Griffiths Gareth	24.45		24.38
5 R		9	Eager Glynn	25.14	PB	25.14
5 R		10	Gouws (Sen) Danie	25.15	PB	25.15
5 R		11	Hartnec André	26.05	PB	26.05
5 R		12	Milne Mikki	26.28	SB	21.05
5 R		13	Kotzé Snr Johann	26.46	PB	26.46
5 R		14	Cooper Wilhelm	26.47		21.32
5 R		15	Katamzi-Joseph Zama	27.22	PB	27.22

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Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
5	R	16	Willmore Roly	28.07		27.05	27.34
5	R	17	Taljaard Debbie	29.22		27.18	27.18
5	R	18	Hanna Les	29.46		22.31	26.52
5	R	19	Fenn Theresa	30.01		28.24	28.58
5	R	20	Theobald John	30.20	SB	29.00	30.20
5	R	21	Theobald Glenda	30.20	SB	28.53	30.20
5	R	22	Gouws Emmie	45.10		31.50	44.09
5	W	1	Cooper Tania	38.28		36.11	36.11
5	W	2	Ehrenberg Arlene	45.10		35.30	44.09
8	R	1	Kumbaca Darren	30.35	PB	30.35	30.35
8	R	2	Mhlonyane Bulelani	33.10		30.52	31.08
8	R	3	King Suzie	36.10	PB	36.10	36.10