

Time Trial Results for: 2019/05/23

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Malan Theo	12.43		12.12	12.12
3	R	2	Kotzé Michael	13.16	SB	13.01	13.16
3	R	3	van Weele Roelof	15.21		14.03	15.12
3	R	4	Fenn Theresa	17.32		17.08	17.08
3	R	5	Gouws Anna-marie	17.48	PB	17.48	17.48
3	R	6	Shambali Brenda	18.07		18.07	18.07
3	R	7	Gwena Lenox	18.07		18.07	18.07
3	R	8	Oosthuizen Eloise	23.42	PB	23.42	23.42
3	W	1	Grant Jean	24.22		23.43	23.43
3	W	2	Bootha Ronél	24.42		23.32	23.42
3	W	3	Bootha Ben	24.42		23.32	23.42
3	W	4	Wheeler Norma	27.43	SB	26.25	27.43
3	W	5	Waters Hugh	27.43		23.32	26.24
3	W	6	Oosthuizen Lizet	29.22		25.32	26.34
3	W	7	Loedolff Willie	29.32		20.48	28.35
5	R	1	Kotzé Johann	22.26		21.45	21.45
5	R	2	Swarts Ryno	23.08		23.08	23.08
5	R	3	Erasmus Louise	23.27		19.50	22.20
5	R	4	van der Merwe Nicola	25.03	PB	25.03	25.03
5	R	5	Gouws (Sen) Danie	25.10		25.08	25.08
5	R	6	Milne Mikki	26.16	SB	21.05	26.16
5	R	7	Willmore Roly	27.25	SB	27.05	27.25
5	R	8	Oosthuizen Gerrit	27.56		24.48	25.07
5	R	9	Nel Daniël	27.56		21.07	21.07
5	R	10	Hanna Les	28.12		22.31	26.52
5	R	11	Stander Matie	28.21		27.37	27.37
5	R	12	Spotswood Nina	28.21		28.21	28.21
5	R	13	Katamzi-Joseph Zama	29.14		27.22	27.22
5	R	14	Hamman Monica	31.50		28.56	31.32
5	R	15	du Preez Josef	33.52		27.36	33.52
5	R	16	Gouws Emmie	44.50		31.50	44.00
5	W	1	Ehrenberg Arlene	44.50		35.30	44.00
8	R	1	Bonjesi Jimmy	27.15		26.17	26.17
8	R	2	Kumbaca Darren	28.41	PB	28.41	28.41
8	R	3	Gillion Frank	36.58		31.14	35.37
8	R	4	Sleigh James	40.02		40.00	40.00
8	R	5	Stabler Tom	40.02		37.03	40.00