

Time Trial Results for: 2019/04/25

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Gillion Frank	12.45	11.06	12.24
3 R		2	Erasmus Louise	12.51	11.14	12.23
3 R		3	Malan Theo	13.23	12.12	12.12
3 R		4	Brink John	13.43	11.46	11.46
3 R		5	Eager Glynn	14.05 PB	14.05	14.05
3 R		6	Oosthuizen Gerrit	15.07	14.15	14.15
3 R		7	Wallice Peter	15.11	14.42	14.42
3 R		8	Blom Josua	15.33	13.35	13.35
3 R		9	van Weele Roelof	15.51	14.03	15.12
3 R		10	Kotzé Heidi	16.02	15.28	15.28
3 R		11	Theobald Glenda	17.03	16.13	17.03
3 R		12	Theobald John	17.06	15.44	17.06
3 R		13	Fenn Theresa	17.08 PB	17.08	17.08
3 R		14	Wallice Carol	18.10	18.08	18.08
3 R		15	Kotzé Elsabé	20.34	18.22	20.19
3 R		16	Roux Chanté	22.10	11.47	12.39
3 R		17	Brink Donovan	22.10	16.47	22.10
3 W		1	Cooper Tania	21.20 PB	21.20	21.20
3 W		2	Grant Jean	23.56	23.43	23.43
3 W		3	Bootha Ronél	24.56	23.32	23.42
3 W		4	Bootha Ben	24.56	23.32	23.42
3 W		5	Waters Hugh	28.25	23.32	26.24
3 W		6	Hunter Diane	28.54	25.26	26.50
3 W		7	Loedolff Willie	30.15	20.48	28.35
5 R		1	Bonjesi Jimmy	17.18	16.15	16.34
5 R		2	Mhlonyane Bulelani	19.57 SB	17.02	19.57
5 R		3	Nel Daniël	21.07 PB	21.07	21.07
5 R		4	King Suzie	21.51	21.51	21.51
5 R		5	Cooper Wilhelm	22.14	21.32	21.32
5 R		6	Kotzé Johann	22.48	21.45	21.45
5 R		7	Stabler Tom	24.29	21.36	21.36
5 R		8	Hartnec André	25.39 PB	25.39	25.39
5 R		9	van der Merwe Nicola	25.45	25.03	25.24
5 R		10	Romburgh Kim	27.01	27.01	27.01
5 R		11	van Zyl Theresa	27.09	27.09	27.09
5 R		12	Sleigh Sharon	27.09	26.58	26.58
5 R		13	Kotzé Snr Johann	27.23	26.46	26.46
5 R		14	Willmore Roly	29.15	27.05	27.34
5 R		15	Stander Matie	32.20	27.37	27.37
5 R		16	Turner Gavin	32.20	23.39	30.56
5 R		17	Nel Annarie	34.04	26.05	34.04
5 R		18	Gouws Emmie	44.00 SB	31.50	44.00
5 W		1	Ehrenberg Arlene	44.00 SB	35.30	44.00
8 R		1	Redelinghuys Jean-Marie	35.05	35.03	35.03
8 R		2	Sleigh James	41.46 SB	41.31	41.46