

Time Trial Results for: 2019/05/30

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	Brink John	11.22	PB	11.22
3	R	2	Louw Henk	12.42		12.42
3	R	3	van Weele Roelof	15.30		15.12
3	R	4	Stander Matie	16.15	SB	16.15
3	R	5	Fenn Theresa	16.46	PB	16.46
3	R	6	Gouws Anna-marie	17.33	PB	17.33
3	W	1	Cooper Tania	21.08		20.38
3	W	2	Bootha Ronél	24.42		23.42
3	W	3	Bootha Ben	24.42		23.42
3	W	4	Waters Hugh	26.30		26.24
3	W	5	Loedolff Willie	30.33		28.35
5	R	1	Brink Donovan	19.02		18.24
5	R	2	Gouws (jnr) Danie	22.20		20.53
5	R	3	du Plessis Anzel	23.07		23.07
5	R	4	Erasmus Louise	23.07		19.50
5	R	5	Gwená Lenox	23.28		23.28
5	R	6	Kotzé Michael	24.22	SB	24.22
5	R	7	Kotzé Johann	24.27		21.45
5	R	8	Cooper Wilhelm	24.27		21.32
5	R	9	Hartnec André	24.56	PB	24.56
5	R	10	Mafentile Emeth	24.58		23.05
5	R	11	Gouws (Sen) Danie	25.09		25.08
5	R	12	Katamzi-Joseph Zama	26.26	PB	26.26
5	R	13	Shambre Brenda	26.28		26.28
5	R	14	Oosthuizen Gerrit	27.56		25.07
5	R	15	Nel Daniël	27.56		21.07
5	R	16	Sleigh Sharon	27.56		26.56
5	R	17	Spotswood Nina	28.17	PB	28.17
5	R	18	Sleigh James	28.17		22.57
5	R	19	Stabler Tom	28.17		21.36
5	R	20	Turner Gavin	30.27		30.16
5	R	21	du Preez Josef	35.21		33.52
5	R	22	Gouws Emmie	45.50		44.00
5	W	1	Ehrenberg Arlene	45.50		44.00
5	W	2	van Zyl Theresa	48.24		48.24
5	W	3	Romburgh Kim	48.24		48.24
5	W	4	Nowers Angelique	48.24		48.24
8	R	1	Bonjesi Jimmy	29.05		26.17
8	R	2	Mhlonyane Bulelani	32.28		31.08
8	R	3	Gillion Frank	36.33		35.37