

Time Trial Results for: 08/03/2019

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Malan Theo	12.49	PB	12.49	12.49
3	R	2	Kotzé Michael	13.38	SB	13.01	13.38
3	R	3	Blom Josua	13.56		13.35	13.35
3	R	4	Blom Michelle	13.59		13.04	13.59
3	R	5	Kotzé Heidi	15.28	PB	15.28	15.28
3	R	6	van Weele Roelof	16.13		14.03	15.12
3	R	7	Taljaard Debbie	16.26	SB	15.30	16.26
3	R	8	Sleigh Sharon	16.57		15.53	15.53
3	R	9	Pnematicatos Taryn	16.57	PB	16.57	16.57
3	R	10	Milne Mikki	16.57		14.52	16.32
3	R	11	Fraser Lizaan	17.42		17.14	17.14
3	R	12	Vermeulen Charlene	18.00		17.52	17.52
3	R	13	Gouws Anne-Marie	18.18		18.18	18.18
3	R	14	Waters Hugh	25.03		14.16	25.03
3	W	1	Bootha Ben	25.27		23.32	25.06
3	W	2	Bootha Ronél	25.27		23.32	25.06
3	W	3	Loedolff Willie	31.07		20.48	28.35
5	R	1	Mkhohlakali Mlandeli	19.26		18.01	19.07
5	R	2	Nel Daniël	21.18	PB	21.18	21.18
5	R	3	Kotzé Johann	21.49	PB	21.49	21.49
5	R	4	Erasmus Louise	22.51	SB	19.50	22.51
5	R	5	Sleigh James	23.00	PB	23.00	23.00
5	R	6	Gouws (jnr) Danie	23.11		23.11	23.11
5	R	7	Gouws (Sen) Danie	25.38		25.38	25.38
5	R	8	Hanna Les	27.10		22.31	26.58
5	R	9	Boshoff Janine	30.34	PB	30.34	30.34
5	R	10	Boshoff Pierre	30.34	PB	30.34	30.34
8	R	1	Bonjesi Jimmy	26.17	PB	26.17	26.17