

# Time Trial Results for: 2019/07/11

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3 R		1	Malan Theo	12.14		12.12	12.12
3 R		2	Brink John	12.15		10.45	10.45
3 R		3	Scheepers Hanno	13.06		12.59	12.59
3 R		4	Naudé Eduan	13.07		12.26	13.07
3 R		5	Wium Weon	13.56		13.56	13.56
3 R		6	Hockey Gordon	14.21		13.06	14.21
3 R		7	Oosthuizen Gerrit	14.22		14.15	14.15
3 R		8	Blom Josua	14.50		13.35	13.35
3 R		9	Gildenhuys Jan	14.50	SB	14.47	14.50
3 R		10	Wallice Peter	15.03		14.34	14.34
3 R		11	Wallice Carol	18.23		18.08	18.08
3 R		12	Van Zyl Anna	19.36		17.25	17.25
3 R		13	de Kock Nina	19.36		14.57	14.57
3 W		1	Grant Jean	24.20		23.43	23.43
3 W		2	Bootha Ronél	24.33		23.32	23.42
3 W		3	Bootha Ben	24.33		23.32	23.42
3 W		4	Cumming Basil	25.40		24.23	24.23
3 W		5	Cumming Marion	25.40	PB	25.40	25.40
3 W		6	Nowers Angelique	26.32		25.26	25.26
3 W		7	Romburgh Kim	26.32		25.26	25.26
3 W		8	van Zyl Theresa	27.07		25.35	25.35
3 W		9	Oosthuizen Lizet	30.24		25.32	26.34
3 W		10	Oosthuizen Eloise	30.24		24.42	24.42
3 W		11	Loedolff Willie	32.45		20.48	28.35
5 R		1	Browne Thomas	17.50	SB	16.44	17.50
5 R		2	Mkhohlakali Mlandeli	19.24		18.01	19.07
5 R		3	Mhlonyane Bulelani	20.51		17.02	19.57
5 R		4	Godana Ingallathi	22.07		20.37	20.37
5 R		5	Gouws (jnr) Danie	22.15		20.53	20.53
5 R		6	Roux Chanté	22.51		21.01	22.51
5 R		7	Brink Donovan	22.51		18.24	18.24
5 R		8	Cooper Wilhelm	23.26		21.32	21.32
5 R		9	Erasmus Louise	23.32		19.50	22.20
5 R		10	Gouws (Sen) Danie	25.34		25.08	25.08
5 R		11	Hartnec André	27.07		24.56	24.56
5 R		12	van Groeningen Lester	27.07		26.29	26.29
5 R		13	Serdyn Retha	27.29		27.29	27.29
5 R		14	Hanna Les	27.40		22.31	26.17
5 R		15	Sleigh Sharon	28.40		26.56	26.56
5 R		16	Sleigh James	28.40		22.57	22.57
5 R		17	Willmore Roly	29.36		27.05	27.25
5 R		18	Hamman Monica	32.34		28.56	31.32
5 R		19	du Preez Josef	35.18		27.36	31.36
5 R		20	Gouws Emmie	44.59		31.50	44.00
5 W		1	Stander Matie	28.50		28.50	28.50
5 W		2	Ehrenberg Arlene	44.59		35.30	42.05
8 R		1	Bonjesi Jimmy	27.07		26.17	26.17
8 R		2	Mawunda Sign	32.08		27.28	32.08

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8	R	3	Gillion Frank	37.22	31.14	35.37
8	W	1	Cooper Tania	60.33 PB	60.33	60.33