

# Time Trial Results for: 2019/08/15

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Malan Theo	12.48	12.12	12.12
3 R		2	Oosthuizen Gerrit	15.11	14.15	14.15
3 R		3	Hartnec André	15.11 PB	15.11	15.11
3 R		4	Kotzé Heidi	17.48	15.28	15.28
3 R		5	Gouws Anne-Marie	17.53	17.39	17.39
3 R		6	Van Zyl Anna	19.48	17.25	17.25
3 R		7	Kotzé Elsabé	20.47	18.22	20.00
3 W		1	Bootha Ronél	26.11	23.32	23.42
3 W		2	van der Merwe Carina	26.11 PB	26.11	26.11
3 W		3	Waters Hugh	27.48	23.32	26.18
3 W		4	Van Zyl Theresa	27.48	25.35	25.35
3 W		5	Nowers Angelique	27.48	25.26	25.26
3 W		6	Romburgh Kim	27.48	25.26	25.26
5 R		1	Gillion Frank	22.08	18.22	21.15
5 R		2	Stabler Tom	22.29	21.36	21.36
5 R		3	Gouws (jnr) Danie	22.30	20.53	20.53
5 R		4	Kotzé Michael	22.40	22.24	22.24
5 R		5	Cooper Wilhelm	23.11	21.32	21.32
5 R		6	Eager Glynn	25.15	24.59	24.59
5 R		7	Gouws (Sen) Danie	26.14	24.50	24.50
5 R		8	Ford Angelo	26.57	25.07	25.07
5 R		9	Zeineddine Liela	26.59 SB	26.05	26.59
5 R		10	Katamzi-Joseph Zama	27.17	26.26	26.26
5 R		11	Kotzé Snr Johann	27.48	26.46	26.46
5 R		12	Sleigh Sharon	27.48	26.56	26.56
5 R		13	Sleigh James	27.50	22.57	22.57
5 R		14	Milne Mikki	28.22	21.05	26.14
5 R		15	Hanna Les	28.45	22.31	26.17
5 R		16	Willmore Roly	30.09	27.05	27.25
5 R		17	Turner Gavin	30.46	23.39	30.16
5 R		18	Fenn Theresa	30.48	28.24	28.58
5 R		19	Stander Matie	31.12	27.34	27.34
5 R		20	du Preez Josef	34.40	27.36	31.36
5 R		21	Gouws Emmie	46.00	31.50	44.00
5 W		1	Ehrenberg Arlene	46.00	35.30	42.05
8 R		1	Mawunda Sign	31.07 SB	27.28	31.07
8 R		2	Bonjesi Jimmy	33.07	26.17	26.17