

## Time Trial Results for: 2019/09/19

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Malan Charles	11.44	11.28	11.44
3 R		2	Kotzé Michael	12.52	12.35	12.35
3 R		3	Erasmus Louise	13.22	11.14	12.23
3 R		4	Hartnec André	14.28 PB	14.28	14.28
3 R		5	Blom Josua	14.34	13.28	13.28
3 R		6	Ludick James	15.01	14.57	14.57
3 R		7	Kotzé Snr Johann	15.03 SB	15.00	15.03
3 R		8	Oosthuizen Gerrit	17.13	14.15	14.15
3 R		9	Forster Carla	17.37	17.37	17.37
3 R		10	Stander Matie	18.48	15.56	16.15
3 R		11	Taljaard Debbie	18.48	15.30	15.57
3 R		12	Kotzé Heidi	18.48	15.28	15.28
3 R		13	Wallace Yolandi	19.53 PB	19.53	19.53
3 R		14	Kotzé Elsabé	20.03	18.22	20.00
3 R		15	Geldenhuis Lisle	20.20 SB	14.41	20.20
3 R		16	Ludeke Henning	20.43	20.43	20.43
3 R		17	Waters Hugh	25.57	14.16	25.03
3 W		1	Cooper Tania	22.26	20.38	20.38
3 W		2	Cumming Basil	24.15 PB	24.15	24.15
3 W		3	Grant Jean	24.16	23.43	23.43
3 W		4	Bootha Ronél	26.00	23.32	23.42
3 W		5	Bootha Ben	26.00	23.32	23.42
3 W		6	Visser Schalk	26.55 PB	26.55	26.55
3 W		7	Nowers Angelique	28.55	25.26	25.26
3 W		8	Romburgh Kim	28.55	25.26	25.26
5 R		1	Gouws (jnr) Danie	22.37	20.53	20.53
5 R		2	Cooper Wilhelm	22.40	21.32	21.32
5 R		3	Malan Theo	23.16 SB	22.10	23.16
5 R		4	Eager Glynn	25.09	24.07	24.07
5 R		5	Davel Mareli	25.24	23.54	24.05
5 R		6	Gouws (Sen) Danie	25.52	24.46	24.46
5 R		7	Milne Mikki	26.09 SB	21.05	26.09
5 R		8	van Groeningen Lester	26.47	26.29	26.29
5 R		9	van der Merwe André	28.20	19.55	25.45
5 R		10	van der Merwe Carina	30.20	21.48	27.10
5 R		11	Willmore Roly	30.20	27.05	27.25
5 R		12	du Preez Josef	34.14	27.36	31.36
5 W		1	Hamman Monica	37.40	35.50	35.50
8 R		1	Bonjesi Jimmy	28.56	26.17	26.17
8 R		2	Gillion Frank	36.55	31.14	35.37