

Time Trial Results for: 2019/11/21

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	Malan Theo	14.17	11.52	11.52
3	R	2	van Weele Roelof	17.39	14.03	15.12
3	R	3	Gouws Anna-Marie	17.57	17.33	17.33
3	R	4	Visser Schalk	23.45	20.13	23.07
3	W	1	Behn Elvin	24.30	23.30	24.03
3	W	2	Behn Jan	24.34	23.44	24.10
3	W	3	Bootha Ronél	24.39	23.32	23.42
3	W	4	Bootha Ben	24.39	23.32	23.42
3	W	5	Hanna George	28.54	20.43	22.58
3	W	6	Roeloff Willie	31.18	31.18	31.18
3	W	7	Romburgh Kim	32.00	25.26	25.26
3	W	8	Nowers Angelique	32.34	25.26	25.26
3	W	9	van Zyl Theresa	32.34	25.35	25.35
3	W	10	Waters Hugh	37.25	23.32	26.18
5	R	1	Browne Thomas	18.04	16.44	17.38
5	R	2	Privett Sean	20.00	18.57	18.57
5	R	3	Davel Migael	23.09 PB	23.09	23.09
5	R	4	Gouws (jnr) Danie	23.30	20.53	20.53
5	R	5	Erasmus Louise	24.05	19.50	22.20
5	R	6	de Bruyn Brooke	24.24	22.18	24.16
5	R	7	Ellis Garth	24.28	24.18	24.18
5	R	8	Davel Mareli	24.30	23.54	24.05
5	R	9	Kotzé Snr Johann	25.23 PB	25.23	25.23
5	R	10	Gouws (Sen) Danie	25.25	24.46	24.46
5	R	11	Theron Christa	28.19	26.44	28.17
5	R	12	van der Merwe Carina	28.21	21.48	26.52
5	R	13	Milne Mikki	28.21	21.05	26.09
5	R	14	Hanna Les	28.21	22.31	26.17
5	R	15	Johnston David	28.21	21.59	28.21
5	R	16	Stander Matie	30.14	27.34	27.34
5	R	17	Mulder Vosloo	30.28	29.05	29.05
5	R	18	Turner Gavin	30.48	23.39	30.16
5	R	19	Fenn Theresa	30.59	28.24	28.58
5	R	20	Schneeberger Karlia	31.12 PB	31.12	31.12
5	R	21	Mulder Sanet	31.12 SB	24.59	31.12
5	R	22	Cuffe Elaine	31.22 SB	29.12	31.22
5	R	23	Schneeberger Orsella	32.34 PB	32.34	32.34
5	R	24	Kotzé Elsabé	36.34	33.53	33.54
5	R	25	Gouws Emmie	45.21	31.50	44.00
5	W	1	Ehrenberg Arlene	45.21	35.30	42.05
5	W	2	Oosthuizen Lizet	51.53	51.53	51.53
8	R	1	Gillion Frank	36.49	31.14	35.21
8	R	2	Siebrits Raymond	36.51 PB	36.51	36.51
8	R	3	Inglis Judge	36.51	36.51	36.51