

Time Trial Results for: 2019/12/12

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	Tshabeni Alfred	15.55	9.59	15.55
3	R	2	van Weele Roelof	17.05	14.03	15.12
3	R	3	Gouws Anne-Marie	17.50	17.26	17.26
3	R	4	Kotzé Elsabé	26.35	18.22	19.43
3	W	3	Bootha Ronél	26.43	23.32	23.42
3	W	4	Bootha Ben	26.43	23.32	23.42
3	W	5	Cumming Marion	29.22	25.40	25.40
3	W	6	Cumming Basil	29.22	23.55	23.55
3	W	1	Eager Glynn	32.42	32.42	32.42
3	W	2	Jass Winston	32.42	32.42	32.42
3	W	7	Loedolff Willie	33.03	20.48	28.35
3	W	8	Nowers Angelique	33.11	25.26	25.26
3	W	9	van Zyl Theresa	33.11	25.35	25.35
3	W	10	Romburgh Kim	33.11	25.26	25.26
3	W	11	Waters Hugh	33.11	23.32	26.18
5	R	1	Bonjesi Jimmy	23.24	16.12	16.12
5	R	2	Gillion Frank	24.02	18.22	21.15
5	R	3	Gouws (jnr) Danie	24.38	20.53	20.53
5	R	4	Ellis Garth	24.53	24.18	24.18
5	R	5	Davel Migaél	25.28	23.09	23.09
5	R	6	Davel Mareli	25.39	23.54	24.05
5	R	7	Kotzé Johann	25.39	21.45	21.45
5	R	8	Malan Charles	25.39	19.35	20.55
5	R	9	Kanayo Petrus	26.13	26.13	26.13
5	R	10	Havenga Christine	26.34	26.34	26.34
5	R	11	Gouws (Sen) Danie	26.43	24.46	24.46
5	R	12	Kotzé Snr Johann	27.15	25.23	25.23
5	R	13	Blom Josua	28.07	22.46	25.30
5	R	14	Hepburn-Brown David	28.07	19.59	22.38
5	R	15	van der Merwe Carina	28.13	21.48	26.52
5	R	16	van der Merwe André	28.13	19.55	25.45
5	R	17	Johnston David	28.13	SB	28.13
5	R	18	Milne Mikki	28.13	21.05	26.09
5	R	19	van Groeningen Lester	29.00	26.29	26.29
5	R	20	Willmore Roly	29.55	27.05	27.25
5	R	21	Kotzé Heidi	29.55	27.42	27.42
5	R	22	Turner Gavin	31.20	23.39	30.16
5	R	23	du Preez Josef	38.06	27.36	31.36
5	R	24	Gouws Emmie	41.40	SB	41.40
5	W	1	Ehrenberg Arlene	42.55	35.30	42.05
5	W	2	Hamman Monica	42.55	35.50	35.50
5	W	3	Oosthuizen Eloise	53.15	53.15	53.15
5	W	4	Oosthuizen Lizet	53.15	51.53	51.53