

Time Trial Results for: 2019/11/28

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Brink John	13.03	10.45	10.45
3 R		2	Stabler Tom	14.17	12.25	12.25
3 R		3	Eager Glynn	15.24	14.05	14.05
3 R		4	Stander Matie	17.46	15.56	16.15
3 R		5	Behn Jan	18.37	16.55	16.55
3 R		6	Kotzé Elsabé	20.09	18.22	19.43
3 R		7	du Preez Josef	22.04	18.00	18.42
3 R		8	Visser Schalk	24.45	20.13	23.07
3 W		1	Behn Elvin	24.13	23.30	24.03
3 W		2	Bootha Ronél	25.19	23.32	23.42
3 W		3	Bootha Ben	25.19	23.32	23.42
3 W		4	Sykes Bre	26.28	22.40	26.28
3 W		5	Loedolff Willie	32.16	20.48	28.35
3 W		6	Waters Hugh	32.40	23.32	26.18
5 R		1	Browne Thomas	17.46	16.44	17.38
5 R		2	Gillion Frank	22.51	18.22	21.15
5 R		3	Erasmus Louise	24.18	19.50	22.20
5 R		4	Cooper Wilhelm	24.53	21.32	21.32
5 R		5	Davel Mareli	26.13	23.54	24.05
5 R		6	van Groeningen Lester	27.12	26.29	26.29
5 R		7	Milne Mikki	27.28	21.05	26.09
5 R		8	Hanna Les	28.10	22.31	26.17
5 R		9	van der Merwe Carina	28.10	21.48	26.52
5 R		10	van der Merwe André	28.26	19.55	25.45
5 R		11	Brink Donovan	29.22	18.24	18.24
5 R		12	Wium Vion	29.22	29.22	29.22
5 R		13	Theron Christa	29.26	26.44	28.17
5 R		14	Mulder Sanet	29.49	SB	29.49
5 R		15	Turner Gavin	30.59	23.39	30.16
5 R		16	Willmore Roly	31.27	27.05	27.25
5 R		17	Fenn Theresa	32.05	28.24	28.58
5 R		18	Cuffe Elaine	32.05	29.12	31.22
5 R		19	Schneeberger Orsella	33.32	32.34	32.34
5 R		20	Gouws Emmie	45.10	31.50	44.00
5 W		1	Ehrenberg Arlene	45.10	35.30	42.05
5 W		2	Oosthuizen Lizet	53.00	51.53	51.53