

Time Trial Results for: 2020/01/02

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Henn Thomas	14.17	14.17	14.17
3 R		2	Cilliers Nina	14.45	14.45	14.45
3 R		3	Cilliers Charl	15.02	15.02	15.02
3 R		4	Milne Mikki	17.52	14.52	17.52
3 R		5	Jansen Lizette	18.14	15.55	18.14
3 R		6	Eager Glynn	19.35	14.05	19.35
3 R		7	Eksteen Denecia	19.35	19.35	19.35
3 R		8	Hanna Les	24.05	14.36	24.05
3 W		1	Hanna George	24.05	20.43	24.05
3 W		2	Hofmeyer Elma	24.05 PB	24.05	24.05
3 W		3	Cumming Basil	26.50	23.55	26.50
3 W		4	Cilliers Heleen	26.57	26.57	26.57
3 W		5	Cilliers Andries	26.57	26.57	26.57
3 W		6	Loedolff Willie	33.38	20.48	33.38
3 W		7	van Zyl Theresa	35.26	25.35	35.26
3 W		8	Clark Suzanne	35.26	35.26	35.26
3 W		9	van Zyl Anna	35.26	35.26	35.26
5 R		1	Oosthuizen Gerrit	22.09 PB	22.09	22.09
5 R		2	Gillion Frank	22.13	18.22	22.13
5 R		3	Gouws (jnr) Danie	22.47	20.53	22.47
5 R		4	Kotzé Johann	23.38	21.45	23.38
5 R		5	Cooper Wilhelm	23.38	21.32	23.38
5 R		6	van der Merwe Carina	26.23	21.48	26.23
5 R		7	Kotzé Snr Johann	26.26	25.23	26.26
5 R		8	van der Merwe André	26.34	19.55	26.34
5 R		9	Blom Josua	26.43	22.46	26.43
5 R		10	Gouws (Sen) Danie	27.00	24.46	27.00
5 R		11	Robey Michael	27.11	19.59	27.11
5 R		12	Robey Mark	27.14	21.09	27.14
5 R		13	van Groeningen Lester	28.14	26.29	28.14
5 R		14	Pretorius Paul	29.04	25.09	29.04
5 R		15	Willmore Roly	29.23	27.05	29.23
5 R		16	Turner Gavin	31.22	23.39	31.22
5 R		17	Theobald Glenda	31.25	28.53	31.25
5 R		18	Theobald John	31.30	29.00	31.30
5 R		19	Fenn Theresa	32.32	28.24	32.32
5 R		20	Gouws Anne-Marie	32.45	32.45	32.45
5 R		21	Henn Nicola	34.15	31.53	34.15
5 W		1	Cooper Tania	39.49	36.11	39.49
5 W		2	Hamman Monica	42.25	35.50	42.25
5 W		3	Ehrenberg Arlene	42.25	35.30	42.25
8 R		1	van der Merwe Thys	38.02	38.02	38.02
8 R		2	van der Merwe Nicolene	38.06	38.06	38.06
8 R		3	Henn Anel	38.10 PB	38.10	38.10