

Time Trial Results for: 09/11/2023

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Erasmus Louise	15.06	SB	11.14	15.06
3	R	2	Van Weele Roelof	19.47		14.03	18.55
3	R	3	Jenkins Heather	21.34		17.51	18.15
3	R	4	Claassen Tamaryn	22.21		19.54	19.54
3	W	1	Snyman Tessa	23.06		22.32	22.32
3	W	2	Bootha Ronél	27.30		23.32	25.44
3	W	3	Bootha Ben	27.30		23.32	26.42
3	W	4	van Emmenis Anneke	38.00		29.26	29.26
3	W	5	van Emmenis Wilna	40.54		27.50	28.00
3	W	6	Swanepoel Marie	40.54		40.54	40.54
5	R	1	Privett Sean	20.45		18.57	19.46
5	R	2	Smith Andrew	25.27		20.42	22.21
5	R	3	Wright Darren	26.10		24.44	24.44
5	R	4	Easter Mark	27.22		27.22	27.22
5	R	5	Johnston David	27.26		21.59	27.17
5	R	6	Coetzee André	27.35		26.54	26.54
5	R	7	Gouws (Sen) Danie	28.51		24.46	25.35
5	R	8	Hanna Les	29.01		22.31	28.33
5	R	9	van Groeningen David	30.00	PB	30.00	30.00
5	R	10	Le Roux Marcelle	30.00		30.00	30.00
5	R	11	Gunther Megan	30.00		30.00	30.00
5	R	12	Bester Hennie	31.59		29.13	29.13
5	R	13	Milne Mikki	33.30		21.05	29.16
5	R	14	Nel Annarie	42.25		26.05	36.24
5	R	15	Machado Rina	42.25		25.00	25.00
5	R	16	Nulungu Sophora	48.00		48.00	48.00
5	R	17	Pretorius Karen	48.00		35.58	35.58
5	R	18	du Plessis Shagna	48.00		33.43	33.43
5	W	1	Walsh Gill Renee	49.00		31.26	31.26
5	W	2	Harris Roy	49.00	PB	49.00	49.00
5	W	3	van Emmenis Wilna	49.00		31.26	31.26
5	W	4	Ehrenberg Arlene	50.15		35.30	48.06